



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Wahrenbruch, Jana

Total time: 31:25

Club: Bürstadt
Number: 817

Course: 6.20 km
Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Total: 15 (of 16)
Rank in course/Women: 6 (of 6)
Best time in course: 22:55

Category:
weibliche Schüler B (10+11 Jahre)

Rank in category: 6(of 6)
Best time in the category: 22:55

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.20	6:25	32:05	6	1:49	6	1:49	0.20	6:25	32:05	6	1:49	6	1:49	
Wechsel S -> R	-	1:46	-	6	0:43	6	0:43	0.20	8:11	40:54	6	2:32	6	2:32	
Schwimmen Total	0.20	8:11	40:54	6	2:32	6	2:32	0.20	8:11	40:54	6	2:32	6	2:32	
Rad netto	5.00	15:18	3:03	5	3:35	5	3:35	5.20	23:29	4:30	6	6:07	6	6:07	
Wechsel R -> L	-	1:10	-	6	0:19	6	0:19	5.20	24:39	4:44	6	6:26	6	6:26	
Rad Total	5.00	16:28	3:17	5	3:54	5	3:54	5.20	24:39	4:44	6	6:26	6	6:26	
Lauf	1.00	6:46	6:46	6	2:04	6	2:04	6.20	31:25	5:04	6	8:30	6	8:30	