



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

Detailed evaluation

Green, Floriane

Total time: 1:30:13

Club: SV Nikar Heidelberg  
Number: 220

Course: 25.75 km  
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 73 (of 79)  
Rank in course/Women: 16 (of 19)  
Best time in course: 1:05:52

Category:  
AK40 weiblich (40-49 Jahre)

Rank in category: 2(of 4)  
Best time in the category: 1:29:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	20:35	27:26	4	4:56	19	10:21	0.75	20:35	27:26	4	4:56	19	10:21
Wechsel S -> R	-	2:44	-	3	0:45	18	1:49	0.75	23:19	31:05	4	4:45	19	12:10
Schwimmen Total	0.75	23:19	31:05	4	4:45	19	12:10	0.75	23:19	31:05	4	4:45	19	12:10
Rad netto	20.00	41:57	2:05	3	5:17	17	9:54	20.75	1:05:16	3:08	4	10:02	19	22:04
Wechsel R -> L	-	1:13	-	1	-	8	0:16	20.75	1:06:29	3:12	4	8:28	19	22:20
Rad Total	20.00	43:10	2:09	3	3:43	17	10:10	20.75	1:06:29	3:12	4	8:28	19	22:20
Lauf	5.00	23:44	4:44	1	-	6	3:34	25.75	1:30:13	3:30	2	1:13	16	24:21