



# 21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

## Detailed evaluation

### 1. Boxclub Punching Lampertheim 2 Total time: 1:21:37

Club: 1. Boxclub Punching Lampertheim 2

Number: 265

Course: 25.50 km

Rank in course/Total: 10 (of 15)

Jedermann Staffeltriathlon (500 m, 20 km, 5 km) Rank in course/Men: 8 (of 12)

Best time in course: 1:00:43

Category:

Rank in category: 8(of 12)

Staffel Männer

Best time in the category: 1:00:43

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:26	18:52	6	1:23	6	1:23	0.50	9:26	18:52	6	1:23	6	1:23
Wechsel S -> R	-	0:53	-	8	0:15	8	0:15	0.50	10:19	20:37	7	1:37	7	1:37
Schwimmen Total	0.50	10:19	20:37	7	1:37	7	1:37	0.50	10:19	20:37	7	1:37	7	1:37
Rad netto	20.00	51:15	2:33	12	21:13	12	21:13	20.50	1:01:34	3:00	12	21:37	12	21:37
Wechsel R -> L	-	0:59	-	8	0:14	8	0:14	20.50	1:02:33	3:03	12	21:51	12	21:51
Rad Total	20.00	52:14	2:36	12	21:27	12	21:27	20.50	1:02:33	3:03	12	21:51	12	21:51
Lauf	5.00	19:04	3:48	1	-	1	-	25.50	1:21:37	3:12	8	20:54	8	20:54