



21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

Detailed evaluation

Burning Legs

Total time: 1:23:54

Club: Burning Legs

Number: 254

Course: 25.50 km

Rank in course/Total: 12 (of 15)

Jedermann Staffeltiathlon (500 m, 20 km, 5 km)

Rank in course/Men: 10 (of 12)

Best time in course: 1:00:43

Category:

Rank in category: 10(of 12)

Staffel Männer

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:45	23:30	9	3:42	9	3:42	0.50	11:45	23:30	9	3:42	9	3:42
Wechsel S -> R	-	0:57	-	10	0:19	10	0:19	0.50	12:42	25:23	9	4:00	9	4:00
Schwimmen Total	0.50	12:42	25:23	9	4:00	9	4:00	0.50	12:42	25:23	9	4:00	9	4:00
Rad netto	20.00	42:38	2:07	10	12:36	10	12:36	20.50	55:20	2:41	9	15:23	9	15:23
Wechsel R -> L	-	1:06	-	12	0:21	12	0:21	20.50	56:26	2:45	9	15:44	9	15:44
Rad Total	20.00	43:44	2:11	10	12:57	10	12:57	20.50	56:26	2:45	9	15:44	9	15:44
Lauf	5.00	27:28	5:29	10	8:24	10	8:24	25.50	1:23:54	3:17	10	23:11	10	23:11