



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Selzer, Franziska

Total time: 41:35

Club: RV 03 Bürstadt Triathlon
Number: 860

Course: 12.90 km
Jugend Triathlon (400 m, 10 km, 2,5 km)

Rank in course/Total: 10 (of 19)
Rank in course/Women: 2 (of 9)
Best time in course: 37:20

Category:
weibliche Jugend B (14+15 Jahre)

Rank in category: 2(of 9)
Best time in the category: 37:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.40	6:47	16:57	4	0:59	4	0:59	0.40	6:47	16:57	4	0:59	4	0:59
Wechsel S -> R	-	1:15	-	2	0:12	2	0:12	0.40	8:02	20:04	2	1:11	2	1:11
Schwimmen Total	0.40	8:02	20:04	2	1:11	2	1:11	0.40	8:02	20:04	2	1:11	2	1:11
Rad netto	10.00	19:28	1:56	2	1:50	2	1:50	10.40	27:30	2:38	2	3:01	2	3:01
Wechsel R -> L	-	0:51	-	2	0:01	2	0:01	10.40	28:21	2:43	2	3:02	2	3:02
Rad Total	10.00	20:19	2:01	2	1:51	2	1:51	10.40	28:21	2:43	2	3:02	2	3:02
Lauf	2.50	13:14	5:17	2	1:13	2	1:13	12.90	41:35	3:13	2	4:15	2	4:15