



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Franki

Total time: 1:28:58

Club: Franki
Number: 252

Course: 25.50 km

Rank in course/Total: 14 (of 15)

Jedermann Staffelttriathlon (500 m, 20 km, 5 km)

Rank in course/Men: 12 (of 12)

Best time in course: 1:00:43

Category:

Rank in category: 12(of 12)

Staffel Männer

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:02	28:03	12	5:59	12	5:59	0.50	14:02	28:03	12	5:59	12	5:59
Wechsel S -> R	-	0:54	-	9	0:16	9	0:16	0.50	14:56	29:52	12	6:14	12	6:14
Schwimmen Total	0.50	14:56	29:52	12	6:14	12	6:14	0.50	14:56	29:52	12	6:14	12	6:14
Rad netto	20.00	37:42	1:53	6	7:40	6	7:40	20.50	52:38	2:34	7	12:41	7	12:41
Wechsel R -> L	-	1:04	-	11	0:19	11	0:19	20.50	53:42	2:37	7	13:00	7	13:00
Rad Total	20.00	38:46	1:56	6	7:59	6	7:59	20.50	53:42	2:37	7	13:00	7	13:00
Lauf	5.00	35:16	7:03	12	16:12	12	16:12	25.50	1:28:58	3:29	12	28:15	12	28:15