



# 21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

## Detailed evaluation

### Alfred-Delp-Schule

Total time: 1:34:18

Club: Alfred-Delp-Schule

Number: 262

Course: 25.50 km

Rank in course/Total: 15 (of 15)

Jedermann Staffeltiathlon (500 m, 20 km, 5 km)

Rank in course/Women: 3 (of 3)

Best time in course: 1:12:36

Category:

Rank in category: 3(of 3)

Staffel Frauen

Best time in the category: 1:12:36

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:58	21:56	3	2:39	3	2:39	0.50	10:58	21:56	3	2:39	3	2:39
Wechsel S -> R	-	0:55	-	3	0:10	3	0:10	0.50	11:53	23:45	3	2:49	3	2:49
Schwimmen Total	0.50	11:53	23:45	3	2:49	3	2:49	0.50	11:53	23:45	3	2:49	3	2:49
Rad netto	20.00	46:55	2:20	3	10:40	3	10:40	20.50	58:48	2:52	3	12:10	3	12:10
Wechsel R -> L	-	0:56	-	2	0:04	2	0:04	20.50	59:44	2:54	3	12:14	3	12:14
Rad Total	20.00	47:51	2:23	3	10:44	3	10:44	20.50	59:44	2:54	3	12:14	3	12:14
Lauf	5.00	34:34	6:54	3	9:28	3	9:28	25.50	1:34:18	3:41	3	21:42	3	21:42