



21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

Detailed evaluation

Asel, Tomek

Total time: 46:22

Club: RV 03 Bürstadt Triathlon
Number: 858

Course: 12.90 km
Schüler A Triathlon (400 m, 10 km, 2,5 km)

Rank in course/Total: 5 (of 12)
Rank in course/Men: 4 (of 6)
Best time in course: 36:09

Category:
männliche Schüler A (12+13 Jahre)

Rank in category: 4(of 6)
Best time in the category: 36:09

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.40	9:11	22:57	4	3:38	4	3:38	0.40	9:11	22:57	4	3:38	4	3:38
Wechsel S -> R	-	1:27	-	4	0:31	4	0:31	0.40	10:38	26:34	5	4:09	5	4:09
Schwimmen Total	0.40	10:38	26:34	5	4:09	5	4:09	0.40	10:38	26:34	5	4:09	5	4:09
Rad netto	10.00	22:30	2:15	4	4:05	4	4:05	10.40	33:08	3:11	5	8:14	5	8:14
Wechsel R -> L	-	0:52	-	2	0:08	2	0:08	10.40	34:00	3:16	5	8:22	5	8:22
Rad Total	10.00	23:22	2:20	4	4:13	4	4:13	10.40	34:00	3:16	5	8:22	5	8:22
Lauf	2.50	12:22	4:56	4	1:51	4	1:51	12.90	46:22	3:35	4	10:13	4	10:13