



21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

Detailed evaluation

Asel, Tomek

Total time: 46:22

Club: RV 03 Bürstadt Triathlon
Number: 858

Course: 12.90 km
Schüler A Triathlon (400 m, 10 km, 2,5 km)

Rank in course/Total: 5 (of 12)
Rank in course/Men: 4 (of 6)
Best time in course: 36:09

Category:
männliche Schüler A (12+13 Jahre)

Rank in category: 4(of 6)
Best time in the category: 36:09

| Intermediate times | | | | | Stage score | | | | Total ranking | | | | | |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.40 | 9:11 | 22:57 | 4 | 3:38 | 4 | 3:38 | 0.40 | 9:11 | 22:57 | 4 | 3:38 | 4 | 3:38 |
| Wechsel S -> R | - | 1:27 | - | 4 | 0:31 | 4 | 0:31 | 0.40 | 10:38 | 26:34 | 5 | 4:09 | 5 | 4:09 |
| Schwimmen Total | 0.40 | 10:38 | 26:34 | 5 | 4:09 | 5 | 4:09 | 0.40 | 10:38 | 26:34 | 5 | 4:09 | 5 | 4:09 |
| Rad netto | 10.00 | 22:30 | 2:15 | 4 | 4:05 | 4 | 4:05 | 10.40 | 33:08 | 3:11 | 5 | 8:14 | 5 | 8:14 |
| Wechsel R -> L | - | 0:52 | - | 2 | 0:08 | 2 | 0:08 | 10.40 | 34:00 | 3:16 | 5 | 8:22 | 5 | 8:22 |
| Rad Total | 10.00 | 23:22 | 2:20 | 4 | 4:13 | 4 | 4:13 | 10.40 | 34:00 | 3:16 | 5 | 8:22 | 5 | 8:22 |
| Lauf | 2.50 | 12:22 | 4:56 | 4 | 1:51 | 4 | 1:51 | 12.90 | 46:22 | 3:35 | 4 | 10:13 | 4 | 10:13 |