



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Hartl, Adrian

Total time: 47:42

Club: RV 03 Bürstadt Triathlon

Number: 863

Course: 12.90 km

Rank in course/Total: 14 (of 19)

Jugend Triathlon (400 m, 10 km, 2,5 km)

Rank in course/Men: 10 (of 10)

Best time in course: 36:57

Category:

Rank in category: 10(of 10)

männliche Jugend B (14+15 Jahre)

Best time in the category: 36:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.40	7:08	17:49	7	0:59	7	0:59	0.40	7:08	17:49	7	0:59	7	0:59
Wechsel S -> R	-	1:24	-	9	0:16	9	0:16	0.40	8:32	21:19	7	1:15	7	1:15
Schwimmen Total	0.40	8:32	21:19	7	1:15	7	1:15	0.40	8:32	21:19	7	1:15	7	1:15
Rad netto	10.00	20:11	2:01	9	2:36	9	2:36	10.40	28:43	2:45	9	3:51	9	3:51
Wechsel R -> L	-	1:08	-	10	0:20	10	0:20	10.40	29:51	2:52	10	4:11	10	4:11
Rad Total	10.00	21:19	2:07	9	2:56	9	2:56	10.40	29:51	2:52	10	4:11	10	4:11
Lauf	2.50	17:51	7:08	10	7:37	10	7:37	12.90	47:42	3:41	10	10:45	10	10:45