



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Birkkraut, Bérénice

Total time: 51:27

Club: TV 1862 Langen
Number: 864

Course: 12.90 km
Jugend Triathlon (400 m, 10 km, 2,5 km)

Rank in course/Total: 18 (of 19)
Rank in course/Women: 8 (of 9)
Best time in course: 37:20

Category:
weibliche Jugend B (14+15 Jahre)

Rank in category: 8(of 9)
Best time in the category: 37:20

Control	Intermediate times							Stage score				Total ranking			
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen nett	0.40	8:05	20:12	7	2:17	7	2:17	0.40	8:05	20:12	7	2:17	7	2:17	
Wechsel S -> R	-	1:59	-	8	0:56	8	0:56	0.40	10:04	25:09	8	3:13	8	3:13	
Schwimmen Total	0.40	10:04	25:09	8	3:13	8	3:13	0.40	10:04	25:09	8	3:13	8	3:13	
Rad netto	10.00	23:02	2:18	8	5:24	8	5:24	10.40	33:06	3:10	8	8:37	8	8:37	
Wechsel R -> L	-	0:58	-	4	0:08	4	0:08	10.40	34:04	3:16	8	8:45	8	8:45	
Rad Total	10.00	24:00	2:23	7	5:32	7	5:32	10.40	34:04	3:16	8	8:45	8	8:45	
Lauf	2.50	17:23	6:57	8	5:22	8	5:22	12.90	51:27	3:59	8	14:07	8	14:07	