



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Langer, Nele

Total time: 52:59

Club: Wald-Michelbach

Number: 853

Course: 12.90 km

Rank in course/Total: 19 (of 19)

Jugend Triathlon (400 m, 10 km, 2,5 km)

Rank in course/Women: 9 (of 9)

Best time in course: 37:20

Category:

Rank in category: 9(of 9)

weibliche Jugend B (14+15 Jahre)

Best time in the category: 37:20

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 0.40 | 8:35 | 21:27 | 9 | 2:47 | 9 | 2:47 | 0.40 | 8:35 | 21:27 | 9 | 2:47 | 9 | 2:47 |
| Wechsel S -> R | - | 2:03 | - | 9 | 1:00 | 9 | 1:00 | 0.40 | 10:38 | 26:34 | 9 | 3:47 | 9 | 3:47 |
| Schwimmen Total | 0.40 | 10:38 | 26:34 | 9 | 3:47 | 9 | 3:47 | 0.40 | 10:38 | 26:34 | 9 | 3:47 | 9 | 3:47 |
| Rad netto | 10.00 | 24:01 | 2:24 | 9 | 6:23 | 9 | 6:23 | 10.40 | 34:39 | 3:19 | 9 | 10:10 | 9 | 10:10 |
| Wechsel R -> L | - | 1:15 | - | 8 | 0:25 | 8 | 0:25 | 10.40 | 35:54 | 3:27 | 9 | 10:35 | 9 | 10:35 |
| Rad Total | 10.00 | 25:16 | 2:31 | 9 | 6:48 | 9 | 6:48 | 10.40 | 35:54 | 3:27 | 9 | 10:35 | 9 | 10:35 |
| Lauf | 2.50 | 17:05 | 6:49 | 6 | 5:04 | 6 | 5:04 | 12.90 | 52:59 | 4:06 | 9 | 15:39 | 9 | 15:39 |