



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Weiskat, Tim

Total time: 1:03:58

Club: Soprema Team TSV Mannheim
Number: 3

Course: 25.75 km
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 4 (of 79)
Rank in course/Men: 4 (of 60)
Best time in course: 58:58

Category:
AK40 männlich (40-49 Jahre)

Rank in category: 1(of 18)
Best time in the category: 1:03:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	10:56	14:34	1	-	2	0:01	0.75	10:56	14:34	1	-	2	0:01
Wechsel S -> R	-	1:01	-	2	0:01	5	0:11	0.75	11:57	15:55	1	-	2	0:04
Schwimmen Total	0.75	11:57	15:55	1	-	2	0:04	0.75	11:57	15:55	1	-	2	0:04
Rad netto	20.00	31:09	1:33	2	0:24	5	3:20	20.75	43:06	2:04	1	-	3	3:16
Wechsel R -> L	-	0:59	-	1	-	9	0:16	20.75	44:05	2:07	1	-	3	3:25
Rad Total	20.00	32:08	1:36	2	0:10	5	3:29	20.75	44:05	2:07	1	-	3	3:25
Lauf	5.00	19:53	3:58	1	-	5	1:35	25.75	1:03:58	2:29	1	-	4	5:00