



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Keßler, Lene

Total time: 22:55

Club: Nauheim

Number: 806

Course: 6.20 km

Rank in course/Total: 6 (of 16)

Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Women: 1 (of 6)

Best time in course: 22:55

Category:

Rank in category: 1(of 6)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 22:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.20	4:36	22:59	1	-	1	-	0.20	4:36	22:59	1	-	1	-
Wechsel S -> R	-	1:03	-	1	-	1	-	0.20	5:39	28:15	1	-	1	-
Schwimmen Total	0.20	5:39	28:15	1	-	1	-	0.20	5:39	28:15	1	-	1	-
Rad netto	5.00	11:43	2:20	1	-	1	-	5.20	17:22	3:20	1	-	1	-
Wechsel R -> L	-	0:51	-	1	-	1	-	5.20	18:13	3:30	1	-	1	-
Rad Total	5.00	12:34	2:30	1	-	1	-	5.20	18:13	3:30	1	-	1	-
Lauf	1.00	4:42	4:42	1	-	1	-	6.20	22:55	3:41	1	-	1	-