



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Fischer, Simon

Total time: 1:11:47

Club: TV Hatzenbühl Triathlon
Number: 16

Course: 25.75 km
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 22 (of 79)
Rank in course/Men: 19 (of 60)
Best time in course: 58:58

Category:
AK20 männlich (20-29 Jahre)

Rank in category: 3(of 6)
Best time in the category: 58:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	13:38	18:10	3	2:43	18	2:43	0.75	13:38	18:10	3	2:43	18	2:43
Wechsel S -> R	-	1:06	-	4	0:16	11	0:16	0.75	14:44	19:38	3	2:51	17	2:51
Schwimmen Total	0.75	14:44	19:38	3	2:51	17	2:51	0.75	14:44	19:38	3	2:51	17	2:51
Rad netto	20.00	34:37	1:43	4	6:48	31	6:48	20.75	49:21	2:22	3	9:31	24	9:31
Wechsel R -> L	-	1:22	-	5	0:32	37	0:39	20.75	50:43	2:26	3	10:03	25	10:03
Rad Total	20.00	35:59	1:47	3	7:20	29	7:20	20.75	50:43	2:26	3	10:03	25	10:03
Lauf	5.00	21:04	4:12	2	2:46	10	2:46	25.75	1:11:47	2:47	3	12:49	19	12:49