



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Tönder, Vincent

Total time: 25:33

Club: Ober-ramstadt

Number: 816

Enduro Long Men

Rank in course/Total: 8 (of 16)

Rank in course/Men: 7 (of 10)

Best time in course: 20:43

Category:

Rank in category: 7(of 10)

männliche Schüler B (10+11 Jahre)

Best time in the category: 20:43

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen nett | 0.20 | 4:30 | 22:30 | 5 | 1:07 | 5 | 1:07 | 0.20 | 4:30 | 22:30 | 5 | 1:07 | 5 | 1:07 |
| Wechsel S -> R | - | 1:38 | - | 7 | 0:41 | 7 | 0:41 | 0.20 | 6:08 | 30:40 | 5 | 1:36 | 5 | 1:36 |
| Schwimmen Total | 0.20 | 6:08 | 30:40 | 5 | 1:36 | 5 | 1:36 | 0.20 | 6:08 | 30:40 | 5 | 1:36 | 5 | 1:36 |
| Rad netto | 5.00 | 13:39 | 2:43 | 7 | 2:51 | 7 | 2:51 | 5.20 | 19:47 | 3:48 | 7 | 4:12 | 7 | 4:12 |
| Wechsel R -> L | - | 1:02 | - | 8 | 0:13 | 8 | 0:13 | 5.20 | 20:49 | 4:00 | 7 | 4:20 | 7 | 4:20 |
| Rad Total | 5.00 | 14:41 | 2:56 | 7 | 2:59 | 7 | 2:59 | 5.20 | 20:49 | 4:00 | 7 | 4:20 | 7 | 4:20 |
| Lauf | 1.00 | 4:44 | 4:44 | 6 | 0:30 | 6 | 0:30 | - | 25:33 | - | 7 | 4:50 | 7 | 4:50 |