



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

TEAM IRON PETS

Total time: 1:03:17

Club: TEAM IRON PETS

Number: 260

Course: 25.50 km

Rank in course/Total: 2 (of 15)

Jedermann Staffelttriathlon (500 m, 20 km, 5 km)

Rank in course/Men: 2 (of 12)

Best time in course: 1:00:43

Category:

Rank in category: 2(of 12)

Staffel Männer

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:26	16:52	2	0:23	2	0:23	0.50	8:26	16:52	2	0:23	2	0:23
Wechsel S -> R	-	0:46	-	5	0:08	5	0:08	0.50	9:12	18:23	2	0:30	2	0:30
Schwimmen Total	0.50	9:12	18:23	2	0:30	2	0:30	0.50	9:12	18:23	2	0:30	2	0:30
Rad netto	20.00	32:09	1:36	2	2:07	2	2:07	20.50	41:21	2:01	2	1:24	2	1:24
Wechsel R -> L	-	0:56	-	7	0:11	7	0:11	20.50	42:17	2:03	2	1:35	2	1:35
Rad Total	20.00	33:05	1:39	3	2:18	3	2:18	20.50	42:17	2:03	2	1:35	2	1:35
Lauf	5.00	21:00	4:12	3	1:56	3	1:56	25.50	1:03:17	2:28	2	2:34	2	2:34