



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Schmitt, Ralf

Total time: 1:16:41

Club: TSG Weinheim Team Radsport Wagner
Number: 9

Course: 25.75 km
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 33 (of 79)

Rank in course/Men: 30 (of 60)

Best time in course: 58:58

Category:

Rank in category: 2(of 14)

AK50 männlich (50-59 Jahre)

Best time in the category: 1:13:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	14:33	19:24	3	1:06	26	3:38	0.75	14:33	19:24	3	1:06	26	3:38
Wechsel S -> R	-	1:16	-	3	0:07	25	0:26	0.75	15:49	21:05	3	1:12	25	3:56
Schwimmen Total	0.75	15:49	21:05	3	1:12	25	3:56	0.75	15:49	21:05	3	1:12	25	3:56
Rad netto	20.00	35:32	1:46	8	2:07	44	7:43	20.75	51:21	2:28	3	2:57	31	11:31
Wechsel R -> L	-	1:16	-	2	0:02	26	0:33	20.75	52:37	2:32	3	2:41	30	11:57
Rad Total	20.00	36:48	1:50	6	1:51	42	8:09	20.75	52:37	2:32	3	2:41	30	11:57
Lauf	5.00	24:04	4:48	4	1:07	38	5:46	25.75	1:16:41	2:58	2	2:52	30	17:43