



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

geiger, thomas

Total time: 1:17:47

Club: haßloch

Number: 45

Course: 25.75 km

Rank in course/Total: 38 (of 79)

Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Men: 33 (of 60)

Best time in course: 58:58

Category:

Rank in category: 3(of 14)

AK50 männlich (50-59 Jahre)

Best time in the category: 1:13:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	15:05	20:06	5	1:38	35	4:10	0.75	15:05	20:06	5	1:38	35	4:10
Wechsel S -> R	-	1:24	-	4	0:15	28	0:34	0.75	16:29	21:58	4	1:52	33	4:36
Schwimmen Total	0.75	16:29	21:58	4	1:52	33	4:36	0.75	16:29	21:58	4	1:52	33	4:36
Rad netto	20.00	35:11	1:45	5	1:46	38	7:22	20.75	51:40	2:29	4	3:16	32	11:50
Wechsel R -> L	-	1:30	-	7	0:16	41	0:47	20.75	53:10	2:33	4	3:14	32	12:30
Rad Total	20.00	36:41	1:50	5	1:44	41	8:02	20.75	53:10	2:33	4	3:14	32	12:30
Lauf	5.00	24:37	4:55	6	1:40	43	6:19	25.75	1:17:47	3:01	3	3:58	33	18:49