



9. Via Solutions Staffellauf
Moorgrund Pummpälzsteg / 18.09.2016

Detailed evaluation

Road Runners Frauensee

Club: Road Runners Frauensee
Number: 10

Course: 53.70 km

VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

Category:

Männerstaffel Lauf

Total time: 4:43:17

Speed: 11.23 km/h

Running performance: 5:17 min/km

Rank in course/Total: 4 (of 12)

Rank in course/Men: 4 (of 9)

Best time in course: 3:52:27

Rank in category: 4(of 9)

Best time in the category: 3:52:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kulturscheune	10.90	54:12	4:58	4	7:40	4	7:40	10.90	54:12	4:58	4	7:40	4	7:40
Hubertushaus	10.50	50:46	4:50	3	5:37	3	5:37	21.40	1:44:58	4:54	3	10:25	3	10:25
Wartburg	10.90	1:07:24	6:11	9	17:50	9	17:50	32.30	2:52:22	5:20	5	27:58	5	27:58
Hubertushaus	10.90	59:41	5:28	5	9:47	5	9:47	43.20	3:52:03	5:22	5	37:45	5	37:45
Gumpelstadt	10.50	51:14	4:52	4	13:05	4	13:05	53.70	4:43:17	5:16	4	50:50	4	50:50