



Wachsenburg-Crossing
Amt Wachsenburg / 11.09.2016

Detailed evaluation

Ruppert, David

Club: Nippon Gotha e.V.
Number: 116

Course: 5.00 km
Hauptlauf (Amateurläufer)

Category:
Männer U40

Total time: 31:13

Speed: 9.61 km/h
Running performance: 6:14 min/km

Rank in course/Total: 9 (of 36)

Rank in course/Men: 9 (of 19)

Best time in course: 19:59

Rank in category: 3(of 4)

Best time in the category: 24:31