



Detailed evaluation

Schmidt, Alexander

Club: Laufftreff Salomé
 Number: 217

Course: 10.00 km
 Hauptlauf (Profiläufer)

Category:
 Männer U40

Total time: 48:07

Speed: 12.47 km/h
 Running performance: 4:49 min/km

Rank in course/Total: 5 (of 27)

Rank in course/Men: 5 (of 22)

Best time in course: 38:31

Rank in category: 1(of 8)

Best time in the category: 48:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.00	22:47	4:33	1	-	5	4:36	5.00	22:47	4:33	1	-	5	4:36
Finish	5.00	25:20	5:03	1	-	5	5:00	10.00	48:07	4:48	1	-	5	9:36