



## Detailed evaluation

### Quester, Marcus

Club: VfB Torpedo Ichtershausen  
Number: 219

Course: 10.00 km  
Hauptlauf (Profiläufer)

Category:  
Männer U40

Total time: 55:50

Speed: 10.75 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 10 (of 27)

Rank in course/Men: 8 (of 22)

Best time in course: 38:31

Rank in category: 2(of 8)

Best time in the category: 48:07

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.00	25:36	5:07	2	2:49	7	7:25	5.00	25:36	5:07	2	2:49	7	7:25
Finish	5.00	30:14	6:02	3	4:54	11	9:54	10.00	55:50	5:35	2	7:43	8	17:19