



Wachsenburg-Crossing
Amt Wachsenburg / 11.09.2016

Detailed evaluation

Ortmann, Christian

Club: Laufftreff Salomé
Number: 208

Course: 10.00 km
Hauptlauf (Profiläufer)

Category:
Männer U40

Total time: 1:03:25

Speed: 9.46 km/h
Running performance: 6:20 min/km

Rank in course/Total: 16 (of 27)

Rank in course/Men: 14 (of 22)

Best time in course: 38:31

Rank in category: 6(of 8)

Best time in the category: 48:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.00	30:30	6:05	7	7:43	17	12:19	5.00	30:30	6:05	7	7:43	17	12:19
Finish	5.00	32:55	6:34	6	7:35	14	12:35	10.00	1:03:25	6:20	6	15:18	14	24:54