



Detailed evaluation

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Club: Laufftreff Salomé
 Number: 200

Course: 10.00 km
 Hauptlauf (Profiläufer)

Category:
 Männer U40

Total time: 1:04:47

Speed: 9.26 km/h
 Running performance: 6:29 min/km

Rank in course/Total: 18 (of 27)

Rank in course/Men: 16 (of 22)

Best time in course: 38:31

Rank in category: 7(of 8)

Best time in the category: 48:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.00	28:09	5:37	3	5:22	11	9:58	5.00	28:09	5:37	3	5:22	11	9:58
Finish	5.00	36:38	7:19	7	11:18	16	16:18	10.00	1:04:47	6:28	7	16:40	16	26:16