



Wachsenburg-Crossing
Amt Wachsenburg / 11.09.2016

Detailed evaluation

Poppner, Sebastian

Club: WSV Ilmenau 1908 e.V.
Number: 210

Course: 10.00 km
Hauptlauf (Profiläufer)

Category:
Männer

Total time: 1:09:42

Speed: 8.61 km/h
Running performance: 6:58 min/km

Rank in course/Total: 22 (of 27)

Rank in course/Men: 18 (of 22)

Best time in course: 38:31

Rank in category: 4(of 4)

Best time in the category: 39:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.00	31:54	6:22	4	12:47	18	13:43	5.00	31:54	6:22	4	12:47	18	13:43
Finish	5.00	37:48	7:33	4	17:14	19	17:28	10.00	1:09:42	6:58	4	30:01	18	31:11