



Wachsenburg-Crossing  
Amt Wachsenburg / 11.09.2016

## Detailed evaluation

### Spilling, Jochen

Club: Holzhausen  
Number: 226

Course: 10.00 km  
Hauptlauf (Profiläufer)

Category:  
Männer U75

Total time: 1:16:44

Speed: 7.82 km/h  
Running performance: 7:40 min/km

Rank in course/Total: 25 (of 27)

Rank in course/Men: 21 (of 22)

Best time in course: 38:31

Rank in category: 1(of 1)

Best time in the category: 1:16:44

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.00	35:24	7:04	1	-	21	17:13	5.00	35:24	7:04	1	-	21	17:13
Finish	5.00	41:20	8:16	1	-	21	21:00	10.00	1:16:44	7:40	1	-	21	38:13