



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Langkabel, Rosi

Club: AS Neukirchen-Vluyn

Number: 5528

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 45:58

Speed: 6.53 km/h

metres in height up: 100

Course score: 6.50

performance score: 42 Points