



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Diesing, Lilian

Club: Oberhausen

Number: 5511

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 46:26

Speed: 6.46 km/h

metres in height up: 100

Course score: 6.50

performance score: 42 Points