



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Mastria, Silvana

Club: Herne
Number: 5533

Course: 5.00 km
Kurzstrecke Nordic Walking

Total time: 50:47

Speed: 5.91 km/h

metres in height up: 100
Course score: 6.50

performance score: 38 Points