



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Christian, Gehrke

Club: GSL Benninghausen

Number: 5510

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 57:39

Speed: 5.20 km/h

metres in height up: 100

Course score: 6.50

performance score: 34 Points