



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Janasik, Tadeusz

Club: Team Lohmann Witten
Number: 14535

Course: 14.00 km
Mittelstrecke Nordic Walking

Total time: 1:33:52

Speed: 8.95 km/h

metres in height up: 240
Course score: 17.60

performance score: 158 Points