



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Karola, Edler

Club: GSL Benninghausen
Number: 5523

Course: 5.00 km
Kurzstrecke Nordic Walking

Total time: 1:28:30

Speed: 3.39 km/h

metres in height up: 100
Course score: 6.50

performance score: 22 Points