



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Erdelt, Hildegard

Club: TSV Bentrup - Loßbruch  
Number: 14512

Course: 14.00 km  
Mittelstrecke Nordic Walking

Total time: 1:43:45

Speed: 8.10 km/h

metres in height up: 240  
Course score: 17.60

performance score: 143 Points