



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Rüssmann, Alfred

Club: BSG DSW21/DEW21

Number: 14028

Course: 14.00 km

Mittelstrecke Walking

Total time: 1:58:15

Speed: 7.10 km/h

metres in height up: 240

Course score: 17.60

performance score: 125 Points