



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Kortstegge, Sabine

Club: TV Beckum Wersewalker
Number: 14522

Course: 14.00 km

Mittelstrecke Nordic Walking

Total time: 1:49:15

Speed: 7.69 km/h

metres in height up: 240

Course score: 17.60

performance score: 135 Points