



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Maasch, Jörg

Club: Maaschmallows United Essen-Borbeck
Number: 14525

Course: 14.00 km

Mittelstrecke Nordic Walking

Total time: 1:52:58

Speed: 7.44 km/h

metres in height up: 240

Course score: 17.60

performance score: 131 Points