



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Rückriem, Sandra

Club: DJK Preußen 1911 Bochum e.V.  
Number: 14031

Course: 14.00 km  
Mittelstrecke Walking

Total time: 2:03:47

Speed: 6.79 km/h

metres in height up: 240  
Course score: 17.60

performance score: 120 Points