



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Zolondz, Lutz

Club: Herne

Number: 14533

Course: 14.00 km

Mittelstrecke Nordic Walking

Total time: 1:55:45

Speed: 7.26 km/h

metres in height up: 240

Course score: 17.60

performance score: 128 Points