



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Raffenberg, Michael

Club: TV Gut-Heil 1865 e.V. DO-Aplerbeck  
Number: 21012

Course: 21.00 km  
Langstrecke Walking

Total time: 2:23:40

Speed: 8.77 km/h

metres in height up: 360  
Course score: 26.40

performance score: 232 Points