



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Szymiczek, Thomas

Club: DJK Mülheim09

Number: 21021

Course: 21.00 km

Langstrecke Walking

Total time: 2:26:22

Speed: 8.61 km/h

metres in height up: 360

Course score: 26.40

performance score: 227 Points