



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Goerdes, Nico

Club: BSG DSW21/DEW21

Number: 5555

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 36:10

Speed: 8.29 km/h

metres in height up: 100

Course score: 6.50

performance score: 54 Points