



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Middendorf, Petra

Club: LiVe Laufftreff in Versmold
Number: 21517

Course: 21.00 km

Langstrecke Nordic Walking

Total time: 2:22:10

Speed: 8.86 km/h

metres in height up: 360

Course score: 26.40

performance score: 234 Points