



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Kochskämper, Sigg

Club: TV Beckum Wersewalker  
Number: 21511

Course: 21.00 km

Langstrecke Nordic Walking

Total time: 2:28:07

Speed: 8.51 km/h

metres in height up: 360  
Course score: 26.40

performance score: 225 Points