



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

**Braun, Karin**

Club: AS Neukirchen-Vluyn  
Number: 21502

Course: 21.00 km  
Langstrecke Nordic Walking

Total time: 2:29:28

Speed: 8.43 km/h

metres in height up: 360  
Course score: 26.40

performance score: 223 Points