



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Bruns, Norbert

Club: TV Beckum Wersewalker
Number: 21503

Course: 21.00 km
Langstrecke Nordic Walking

Total time: 2:35:02

Speed: 8.13 km/h

metres in height up: 360
Course score: 26.40

performance score: 215 Points