



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Kohlhaas, Sabine

Club: TV Beckum Wersewalker
Number: 21512

Course: 21.00 km

Langstrecke Nordic Walking

Total time: 2:40:33

Speed: 7.85 km/h

metres in height up: 360
Course score: 26.40

performance score: 207 Points