



11. Walk in Herne  
Herne-Sodingen / 09.10.2016

Detailed evaluation

Helisch, Kornelia

Club: LGO Bochum  
Number: 5017

Course: 5.00 km  
Kurzstrecke Walking

Total time: 42:16

Speed: 7.10 km/h

metres in height up: 100  
Course score: 6.50  
performance score: 46 Points