



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Daemen, Helmut

Club: TV Hösel Laufftreff
Number: 5064

Course: 5.00 km
Kurzstrecke Walking

Total time: 47:33

Speed: 6.31 km/h

metres in height up: 100
Course score: 6.50
performance score: 41 Points