



11. Walk in Herne
Herne-Sodingen / 09.10.2016

Detailed evaluation

Gromek, Darius

Club: AS Neukirchen-Vluyn

Number: 5518

Course: 5.00 km

Kurzstrecke Nordic Walking

Total time: 44:58

Speed: 6.67 km/h

metres in height up: 100

Course score: 6.50

performance score: 43 Points