



11. Walking Day am Mönnesee

Mönnesee-Körbecke / 04.06.2016

Detailed evaluation

Ersfeld, Olaf

Club: LiVe - Lauffreife in Versmold
Number: 12004

Course: 12.00 km

Radleben-Lauf (Walking)

Total time: 1:38:38

Speed: 7.30 km/h

metres in height up: 218

Course score: 15.27

performance score: 111 Points